

Over the Fence

NEWS FROM YOUR REAL ESTATE PROFESSIONAL...



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JUNE 2010

June is finally here with lots of hope for sunshine, warm weather and optimum growing conditions. It's a time to celebrate our American flag, fathers, perennials and even the great outdoors!

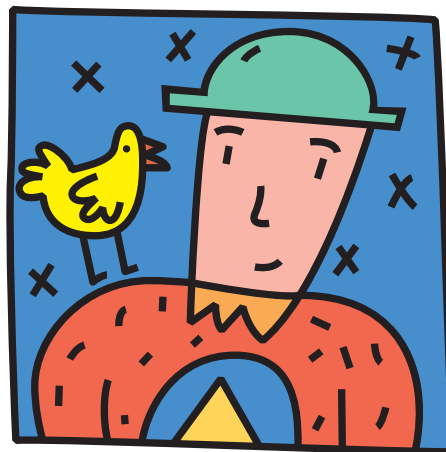
Celebrate Perennial Gardening Month

June is a perfect month to plant new perennials that will flower in June and beyond into summer and fall. At one time gardeners did most or even all of their perennial planting in the early spring season. Summer environmental conditions were considered too harsh for new plantings. This is not true any more!

June is a time to discover new perennials at your local botanical garden, arboretum, or the display gardens at your favorite garden center. It is also time to participate in a neighborhood or city wide garden tour to study perennials and garden design.

Garden centers carry a wide selection of perennials that may be planted in June. It is a good time for the gardener to find more mature specimens of favorite summer bloomers at the garden center. It is also a good time to plan and plant a sequential summer perennial display of old-favorites and new cultivars. There are many spectacular flowering performers for the sultry summer season.

For full article and planting and maintenance tips, visit: <http://www.perennialplant.org/>



Head Out and Celebrate Great Outdoors Month and Get Outdoors Day (GO Day) This June!

June 2010 will be the seventh Great Outdoors Month celebration and will include Great Outdoors Week (June 7-13). The National Park Service promotes this month in its efforts to unlock the Great Outdoors to urban minorities, and children, fighting obesity through outdoor recreation on public lands and much more.

Great Outdoors Month helps to highlight the benefits of spending time and volunteering outside to individuals, families, communities and the nation. For example, through recreational activities such as fishing, skiing, biking, and nature watching, we can enjoy the outdoors while maintaining a healthier lifestyle. In addition, volunteerism for environmental education programs, local parks

and nature conservancies, helps to sustain park trails, restore wildlife habitats, and protect our environment for future generations.

In addition, June 12, 2010, will be National Get Outdoors Day (GO Day). Participating partners will offer opportunities for American families to experience traditional and non-traditional types of outdoor activities.

Finally, you may also wish to view information on the Take Pride in America initiative, which encourages federal, state and local public and private partnerships, and volunteer service organizations to protect public parks, recreation areas and cultural resources.

http://answers.usa.gov/cgi-bin/gsa_ict.cfg/php/enduser/std_adp.php?p_faqid=7781&p



Great Outdoors Month

Perennial Gardening Month

National Ice Tea Month

National Rose Month

June 14th: Flag Day

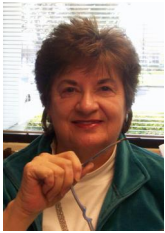
June 18th: Father's Day

June 21st: Summer Solstice

June 26th: Partial Eclipse

June 26th: Full Moon





Advantage Realty & A.R.M. Homes
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sites. When it's time for you to sell your

home, call Joanne. She has more than 30 years experience assisting buyers and sellers.



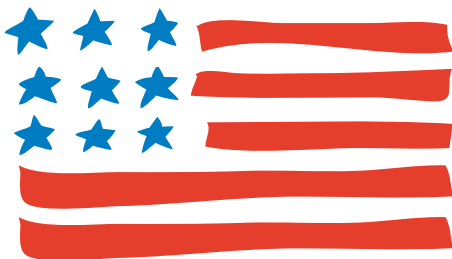
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If you are thinking of buying or selling a home in the near future, please call for a personal interview and property assessment with no obligation.



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Celebrate National Flag Week June 13-19!

Flag Day is June 14th

Flag Day falls within National Flag Week, a time when Americans reflect on the foundations of the nation's freedom. The flag of the United States represents freedom and has been an enduring symbol of the country's ideals since its early days. During both events, Americans also remember their loyalty to the nation, reaffirm their belief in liberty and justice, and observe the nation's unity.

Many people in the United States honor this day by displaying the American flag at homes and public buildings.

For more information: <http://www.timeanddate.com/holidays/us/flag-day>

LEMON-GARLIC CHICKEN KABOBS

Father's Day is June 18. Treat your Dad to a relaxing Father's Day. Grill him a meal he'll always remember.

A mouth-watering marinade of lemon juice, soy sauce, garlic powder and corn syrup adds subtle sweetness to these grilled chicken and vegetable skewers, transforming everyday chicken into extraordinary fare.

Ingredients

- 1 cup vegetable oil
- 1/2 cup soy sauce
- 1/2 cup light corn syrup
- 1/4 cup lemon juice
- 2 tablespoons sesame seeds
- 1/2 teaspoon garlic powder
- Garlic salt to taste
- 4 skinless, boneless chicken breast halves - cut into 1-1/2 inch pieces
- 1 (8 ounce) package fresh chopped mushrooms
- 2 onions, quartered
- 1 green bell pepper, cut into large chunks

Cooking Instructions

1. In a medium bowl, blend vegetable oil, soy sauce, light corn syrup, lemon juice, sesame seeds, garlic powder, and garlic salt. Place chicken in the mixture. Cover, and marinate in the refrigerator at least 2 hours.
2. Preheat an outdoor grill for medium heat, and lightly oil grate. Thread chicken onto skewers alternately with mushrooms, onions, and green bell pepper. Pour marinade into a saucepan, and bring to a boil. Cook for 5 to 10 minutes.
3. Place skewers on the prepared grill. Cook 15 to 20 minutes, turning frequently, until chicken is no longer pink and juices run clear. Baste with the boiled marinade frequently during the last 10 minutes.

Nutrition Facts per Serving

Servings per recipe: 4

- Calories: 818cal
- Total fat: 58.6g
- Cholesterol: 68mg
- Sodium: 2036mg
- Carbohydrates: 45.7g
- Fiber: 3.1g
- Protein: 32.3g